



mashpi
SPA





THE SPA AT MASHPI LODGE

Deep in the heart of the Andean Choco, where cloud and rainforest meet, there is a remarkable energy, at once both healing and invigorating. Elements abound. Water purifies and hydrates; air warms and heals; earth nurtures and moisturizes. The spirit of the forest, along with its remarkable essence, takes many forms. Here, at Mashpi Lodge, plants, herbs, and several other elements from this very place come together to provide you with an experience like no other, in a place that is uniquely equipped to transform your body, mind, and soul into something new, something whole. Welcome to the Spa at Mashpi Lodge.



Ecuador's
Best Resort Spa



Ecuador's
Best Resort Spa



Ecuador's
Best Resort Spa



Ecuador's
Best Resort Spa

INDIVIDUAL MESSAGES

Andean Mist

Full body massage, guest indicates the degree of pressure applied to their body.

Benefits: *Relaxes and relieves muscle tension.*

Elements: *Carrier oil blended with your choice of essential oils.*

60min | \$80

Volcanic Stones

This massage uses hot volcanic stones to reenergize specific parts of the body.

Benefits: *Relieves muscle tension, relaxes, activates chakras, and removes negative energy.*

Elements: *Sunflower carrier oil, your choice of essential oils, hot volcanic stones.*

60min | \$85





Bamboo

Your massage therapist uses bamboo reeds to stretch and relax the muscles.

Benefits: Promotes better circulation, healthier muscles, and relieves tension.

Elements: Carrier oil blended with your choice of essential oils and bamboo reeds from nearby Pacto.

60min | \$80

Waterfall Breeze

An intense sports massage using deep tissue techniques to flex and stretch the body.

Benefits: Improves flexibility, warms and relaxes the body, and promotes good physical condition.

Elements: Carrier oil blended with your choice of essential oils.

60min | \$80



Susurro Aromático / Aromatic Whispers

A relaxing massage that uses herbal sachets*.

Benefits: Relieves tension, relaxes the muscles, and hydrates the skin.

Elements: Carrier oil blended with your choice of essential oils, sachets.

*Small steam-heated compresses that emit the guest's choice of essences.

60min | \$80



Xocolatl

A personalized massage that's focused on pressure points and uses chocolate oil.

Benefits: *Relaxes and relieves tension in the muscles.*

Elements: *Essential oil made from Ecuadorian chocolate, a selection of essences.*

60min | \$80



Forest Breeze

Tailored to the guest's needs, focused on one or two areas of the body, such as legs and back.

Benefits: *Relieves localized tension in the body.*

Elements: *Carrier oil blended with your choice of essential oils.*

30min | \$40





EXFOLIATIONS

Tierra de Frutas / Fruits of the Earth

Full-body exfoliation, employing locally-grown passion fruit or magnolia.

Benefits: *Oxygenates and hydrates the body, removes dead skin cells.*

Elements: *Passion fruit- or magnolia-based exfoliating rub.*

30min | \$40

Tierra Dulce / Sweet Earth

Full-body exfoliation, employing mineral salts and chocolate oil.

Benefits: *Oxygenates and hydrates the body, removes dead skin cells.*

Elements: *Salt-based exfoliating rub, essential oil made from chocolate.*

30min | \$40





BODY WRAPS

Chocolate Cocoon

This Ecuadorian chocolate body wrap is accompanied by a delightful head massage.

Benefits: Fully hydrates the skin. An ideal treatment for those with dry skin.

Elements: Ecuadorian chocolate wrap, chocolate oil, thermal blanket.

60min | \$85

Clay Cocoon

This clay-based body wrap is offered in conjunction with a delightful head massage.

Benefits: Purifies and deeply hydrates the skin.

Elements: Clay-based wrap, massage oil, thermal blanket.

60min | \$85



OPEN-AIR TREATMENTS

Mashpi Altar

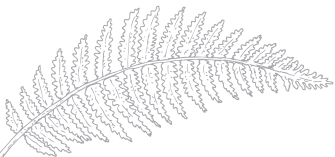
Massage of your choice enjoyed at the base of a nearby waterfall. Afterward, slip into the refreshing water. This option excludes massages with hot volcanic stones.

Benefits: Those corresponding to your selected massage. Soothing sounds of a natural waterfall.

Elements: Carrier oil blended with your choice of essential oils, seasonal fruits, water, and hot tea.

60min | \$80

Reserve one day in advance





HANDS & FEET

A Touch of Fruit

Exfoliation and wrap performed on the hands and the feet.

Benefits: *Smoothens, aromatizes, and oxygenates the skin. Removes dead cells.*

Elements: *Passion fruit-based exfoliating rub, clay-based wrap.*

60min | \$80

A Touch of Cacao

Exfoliation and wrap performed on the hands and the feet.

Benefits: *Deeply hydrates, smoothens, and aromatizes the skin with a delicious chocolate scent.*

Elements: *Ecuadorian cacao-based exfoliating rub, hydrating cacao-based wrap.*

60min | \$80



SESSIONS FOR TWO

Spirit of the Rock

Each guest experiences a proper body exfoliation followed by a relaxing massage with hot stones.

Benefits: *Combines two therapies in one, pleasantly enjoyed as a couple.*

Elements: *Carrier oil blended with your choice of essential oils, salt-, chocolate-, or passion fruit-based exfoliating rub, and hot stones.*

90 min | \$180

Spirit of the Moon

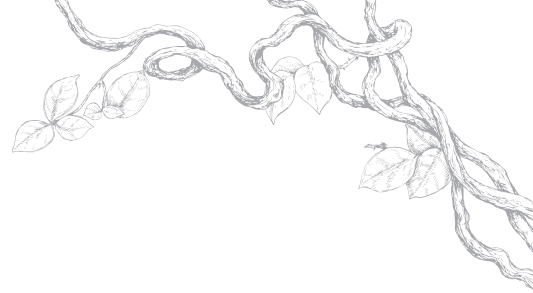
This relaxing massage, which employs sachets, lasts one hour and is followed by a half-hour facial treatment.

Benefits: *Combines both treatments in one session.*

Elements: *Carrier oil blended with your choice of essential oils, passion fruit-based exfoliating rub, and collagen wraps.*

90 min | \$180





Chocolate Spirit

Each guest enjoys a facial treatment that employs a chocolate mask followed by a hand and foot massage performed with chocolate oil.

Benefits: *Hydrates the skin, relaxes the hands and feet.*

Elements (Facial): *Makeup remover, tonic, chocolate, active concentrate, facial massage cream, chocolate mask, lotion, and sunscreen. (Body):* *Chocolate oil and your choice of essential oils.*

60min | \$160

Spirit of the Hummingbird

Each person receives a fruit-based facial treatment lasting 60 minutes followed by a 30-minute body exfoliation.

Benefits: *Relaxes the body, hydrates the skin, and removes dead skin cells.*

Elements (Facial): *Makeup remover, tonic, rice- or passion fruit-based exfoliating rub, active concentrate, facial massage cream, fruit-based mask, lotion, and sunscreen. (Body):* *Passion fruit- or magnolia-based exfoliating rub.*

90 min | \$180



HOW TO REQUEST A TREATMENT

We are located on the 2nd floor of the Lodge, with access to our terrace, an incredibly privileged vantage-point to enjoy the landscape after your session.

To request a massage, please schedule an appointment at the front desk. For warm therapies, (sachets, volcanic rocks), body wraps, and exfoliations, please make the reservation 30 minutes in advance.

We are equipped with a room for couples and a room for individual massages, as well as the option of outdoor treatments. For outdoor experiences, we kindly ask that the reservation be made at least one day in advance.

Wear a facemask

Watch your distance

Wash your hands